

D YOUR PART!

reduce • repurpose • recycle • recover energy • dispose

- Turn off your computer (or at least the monitor) when you leave the office for the day.
- Install programmable thermostats in your home and office.
- Print on both sides of the paper.
- Bring a reusable cup to your favorite coffee shop.
- Use a tap water filter instead of buying bottled water.
- Rinse veggies in a bowl, not under running water.
- Plant a tree.
- Write and ask to be removed from mail lists.
- Plant a garden, and compost food wastes.
- Buy stamps that support environmental programs.
- Install insulation in your attic.
- Donate gently-used clothes to a shelter or charity.
- Make sure you're watering your grass, not your sidewalk.



- Avoid single-serve containers to cut down on packaging waste going into the trash.
- Unplug items when not in use.
- Cancel your subscription and read the paper online.
- Repair leaky faucets.
- Put solar film on your windows.
- Replace your air filters regularly.
- Join a carpool.
- Walk more.
- Caulk gaps.
- Use mulch.
- Install weather stripping.
- Keep tires properly inflated.
- Only run the dishwasher when it's full.
- Install slow-flow faucets and showerheads.
- Lower your water heater settings.
- Collect rain water in barrels for your garden and shrubs.
- Send e-greetings instead of mailing paper greeting cards.

Make every day

ARMY
EARTH DAY

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