



PROTECT YOURSELF FROM BED BUGS

A public service announcement from the U.S. Army Environmental Command.

The office can serve as transfer hubs for bed bugs to catch a ride into your home. Vigilance by all employees is key!



1. Reduce clutter. Clutter serves as an ideal habitat for bed bugs.
2. Pay close attention to the seams of furniture and upholstery for telltale brownish spots.
3. Keep your belongings stowed separately from those of other people or consider storing your belongings in a plastic bin.
4. Bed bugs are mobile and able to move in buildings on your bags, purses or other items you carry in and out of your office.

SOMETHING TO REMEMBER:

- Bed bugs do not carry diseases.
- Bed bugs do not move in a building without human help.
- Bed bugs do not live in your clothes or on your body.