



A public service announcement from the U.S. Army Environmental Command.



FIGHT THE BITE!

ALWAYS REMEMBER THE 4 D'S OF PROTECTION FROM MOSQUITOES:



DEFEND

- Mosquitoes are out all hours of the day and night; always protect yourself.



DRAIN

You can eliminate breeding grounds.

- Drain standing water around your home.
- Drill holes in containers.
- Keep roof gutters clear.
- Clean pet dishes.
- Empty toys.
- Eliminate leaky faucets.
- Change bird bath water.
- Turn over boats/canoes.
- Keep pool covers taught and dry on top.
- Remove water from tarps.
- Plug tree holes.



DRESS

- Wear light colors; mosquitoes are attracted to dark clothing.
- Keep clothes loose; mosquitos can bite through tight-fitting clothes.
- Cover up; wear long sleeves and pants when possible.

DEFEAT

Choose a mosquito repellent that has been registered by the Environmental Protection Agency. Here are some rules to follow when using repellents:

- Read the label carefully
- Apply sparingly to exposed areas.
- Do not apply to clothing or face masks.
- Keep repellent away from eyes, nose and mouth.
- Avoid children's hands when spraying; so repellent does not contact eyes or mouth.
- If reaction occurs, wash repellent-treated skin; call your doctor.

