



DO YOUR PART!

REDUCE • REPURPOSE • RECYCLE • RECOVER ENERGY • DISPOSE

Turn off your computer (or at least the monitor) when you leave the office for the day.

Install programmable thermostats in your home and office.

Print on both sides of the paper.

Bring a reusable cup to your favorite coffee shop.

Use a tap water filter instead of buying bottled water.

Rinse veggies in a bowl, not under running water.

Plant a tree.

Write and ask to be removed from mailing lists.

Plant a garden and compost food wastes.

Buy stamps that support environmental programs.

Install insulation in your attic.

Donate gently-used clothes to a shelter or charity.

Make sure you're watering your grass, not your sidewalk

Avoid single-serve containers to cut down on packaging waste going into the trash.

Unplug items when not in use.

Cancel your subscription and read the paper online.

Repair leaky faucets.

Put solar film on your windows.

Replace air filters regularly.

Join a carpool.

Walk more.

Caulk gaps.

Use mulch.

Install weather stripping.

Keep tires properly inflated.

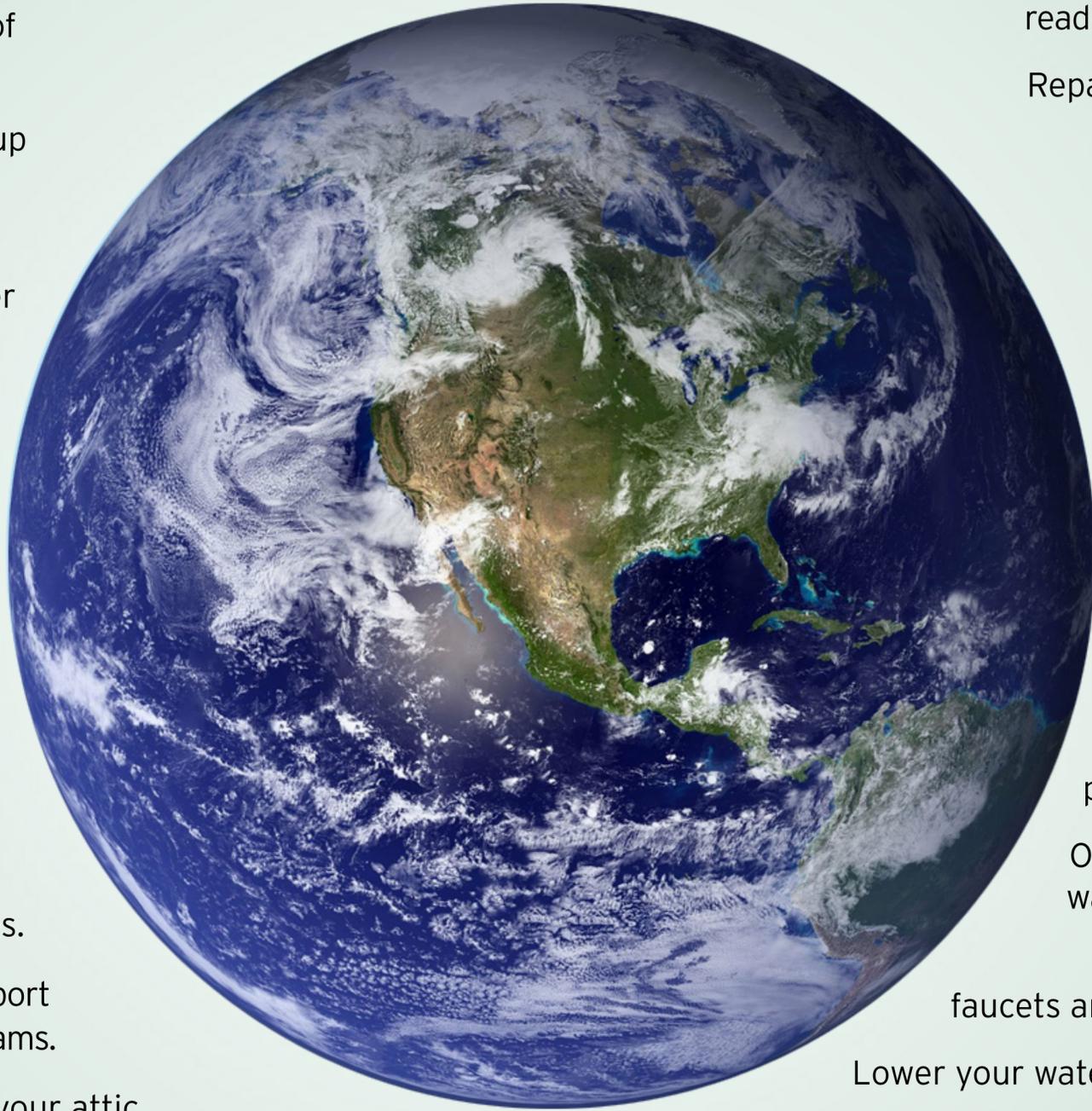
Only run the dishwasher when full.

Install slow-flow faucets and showerheads.

Lower your waterheater setting.

Collect rain water in barrels for your garden and shrubs.

Send e-greetings instead of mailing paper greeting cards.



ARMY
EARTH DAY